

What does nature mean to you and how is it part of your daily life?



Here are some words used in other languages, for which we have no equivalent, to describe different elements of nature

### German

Waldeinsamkeit: A feeling of forest solitude, being alone in the woods and a connection to nature.

### **Japanese**

木漏れ日 (Komorebi): Sunshine through the leaves of trees. When the light and wind flutter through the leaves and shadows dance on the ground.

# **Indigenous Australian**

Dadirri: Deep listening; an inner and quiet awareness of creation. Tuning in to a deeper understanding of nature.

# Japanese

森林浴 (Shinrin-yoku): Forest bathing. The feeling of soaking in the atmosphere of a forest.

### Danish

Lykke: Happiness, good luck or fortune existing in the world around us every day.

### Hawaiian

Aloha aina: To express a love and respect of the land.

### Swedish

Mångata: the reflection of moonlight on water, resembling a road.

Use the space below to write down what nature means to you. Try thinking of the words you use, that might be local or regional and, like the words above, might be hard to translate!

Inspiration: William Wordsworth wrote a sonnet about Chatsworth in November 1830. He was struck by the drama and contrasts of the wild Peak.

